



August 3, 2020

Taylor Medical  
ATT: Dr Eldred Taylor  
Wellness, Weight Loss and Aesthetic  
5901 Peachtree Dunwoody Rd, C25  
Atlanta, GA 30328

Thank you Dr Taylor!

I always hated how long it took me to lose a single pound. And though I had successfully lost 25 lbs before meeting you, the fact that it took a year made it very frustrating.

When I came to you to talk hormones, I had really wanted to hear you say, 'I know what the problem is. And you could have completed tests to confirm or not confirm my suspicions. Instead you asked lots of questions and reviewed some initial test results before you showed me how it boiled down to the question; "What are you eating? Because it looks like you are nutritionally starving yourself."

That advice sent me on a journey that ultimately landed me on a food plan that worked. I lost an additional 25 pounds in just 5 months. I finally got to a weight that I feel good at and is easy to maintain. I consistently think about what you told me; feed your body with nutrients it needs to build and repair your body. Focusing on the right nutrients for me made all the difference in the world. Thank-you Dr Taylor for giving me the advice I needed to hear instead of the excuses about hormone imbalance that I had hoped was the problem.

You make it easy to refer my clients because I know you'll tell them straight.

Sincerely,

A handwritten signature in black ink that reads "Tammy".

Tammy Mealy